



THINK
POSITIVE =

Being happy +
Being healthy

Submission Guidelines

- Images and descriptions to be submitted to Youth and Family Services by **Friday 1 September 2017**.
- Submissions must be sent to Youth and Family Services via email youthservices@cgd.vic.gov.au with the image and this registration form completed and attached.
- Images must be in postcard format (4:3) and be of printable quality.
- Images must depict positive ways you keep positive, happy and healthy.
- All images must be your own original material.
- Drawings, paintings, photos and digital artwork are all accepted but must be submitted digitally. An easy way to digitise your artwork is to take a photo of it or use a scanner for a higher quality image.
- A **description** must be provided with each image detailing how it keeps you positive, happy and/ or healthy. The description must be a no more than 50 words.
- No offensive or graphic material will be accepted, including disturbing or offensive imagery.
- The **Think Positive Mental Health Week event** for secondary schools, will take place on **6 October 2017**. During this event the winners of the postcard competition will be announced and the postcards officially launched. Prizes will be distributed after this date.

