Diana

Knows the power of stories
Loves the colour yellow
Is prepared to tackle tough issues
Speaks Out against racism
How can you SPEAK OUT against racism?

If you witness racism towards someone there are POSITIVE things you can do to help.

- **Offer support** – Go and sit or stand with them. Ask them if they’re OK.
- **Say something** only if it feels ok to do so – “That was offensive; please have some respect for yourself and for others.”
- **Report** the incident to Victoria Police and if the situation is threatening call 000.
- **For information about making a complaint** call the Victorian Equal Opportunity and Human Rights Commission on 1300 292 153 or the Australian Human Rights Commission on 1300 656 419.
- **Protect** your physical safety – don’t put yourself at risk.

For more tips on Speaking Out against racism visit the Racism. It stops with me. website [www.itstopswithme.humanrights.gov.au](http://www.itstopswithme.humanrights.gov.au) or check out the Anti-Hate campaign website [www.antihate.vic.gov.au](http://www.antihate.vic.gov.au)

To read more about Diana please visit [www.greaterdandenong.com](http://www.greaterdandenong.com)
8571 5141 / culture@cgd.vic.gov.au

Pictured: Diana Nguyen
Photography by Dulce Amor Temporal