

Maternal and Child Health Service

10 KEY VISITS

1
home visit

Home visit, introducing and linking to local services, Safe Sleeping Checklist, Breastfeeding support, parenting support

2
2 weeks

Growth, development, safety, nutrition and feeding, hearing review, parenting support

3
4 weeks

Growth, Maternal Health Review, nutrition and feeding, parenting support, safety

4
8 weeks

Growth, development, nutrition and feeding, parenting support, link to parent groups, immunisations, safety

5
4 months

Growth, development, nutrition and feeding, parenting support, safety, Young Readers Program – Rhyme Time booklet and DVD

6
8 months

Growth, development, nutrition and feeding, parenting support, hearing review, safety, oral health

7
12 months

Growth, development, nutrition and feeding, parenting support, safety, immunisations

8
18 months

Growth, development, nutrition and feeding, parenting support, safety, oral health, playgroups

9
2 years

Growth, development, nutrition and feeding, parenting support, safety, kindergarten enrolment, Young Readers Program – book

10
3.5 years

Growth, development, nutrition and feeding, parenting support, safety, oral health, vision screening, kindergarten information

MCH Line—24 hours Phone 132229

To make an appointment - Call your local council.

For information and locality guide:

www.education.vic.gov.au/parents

Every
child.
every
opportunity